

2023 FALL PADDLE SEASON

Friends of Dragon Run (FODR) welcomes you to one of the most beautiful rivers in Virginia. We are dedicated to preserving this waterway and want to show you how special it is. In the fall, the Dragon Run swamp is particularly beautiful with the changes in foliage. We thank you for your interest in Dragon Run and look forward to meeting you on the day of your paddle trip.

Dates: October 19th through November 5th, weather and water levels permitting. We will paddle by reservation only.

Limited group size: 9 Guests maximum each day. Every paddler must be at least **18 years old**. **At the time of registration, you must provide the name, email address, and cell phone number of each individual.**

Route: We will meet at our Big Island Complex.. It will be a round trip and 2.5 to 3 hours. Part of the route is against the current and may be somewhat strenuous.

Start times and place: 9:00 am, 558 Piedmont Rd Shackelfords. No lunch break: We will take several short breaks for folks to hydrate, so bring water and snacks.

REFUND POLICY: Refunds will only be offered if FODR has to cancel the paddle due to weather. Many paddlers whose trips have been canceled by FODR donate their registration fee. Since this is our principal fundraising activity, we hope that you will consider this option, if possible.

If we must cancel a paddle or make any changes, we will call the phone number that you give us when you make your reservation.

Any time you have questions, you may email PaddleMasterDragonRun@gmail.com.

We provide a kayak for each paddler, a paddle, and a life vest. **DO NOT** bring your own boat. The kayaks are sturdy 9.5-foot kayaks designed for slow moving rivers and streams that are ideally suited for navigating the Dragon Run's narrow, twisting channels. Our kayaks – depending on the model - have a Maximum Capacity of up to 325 LBS. / 136 KG. We will “fit” you with a kayak and adjust your boat's seat and foot braces to ensure your comfort.

You may bring your own paddle and life vest. However, your life vest must be a standard U.S. Coast-Guard approved PFD, not inflated by a cartridge. **WE REQUIRE LIFE VESTS TO BE WORN AT ALL TIMES WHILE ON THE DRAGON RUN. VESTS MUST BE ZIPPED AND/OR BUCKLED AT ALL TIMES WHILE ON THE WATER.**

We will be on the water about 2.5 - 3 hours, depending on water levels and the overall ability of the paddlers. Barring any unforeseen circumstances, trips usually end around 12:00 p.m. It is not wise to schedule other events on the day of the paddle because of the uncertainty of trip length.

Parts of the trip may require paddling upstream against a current. For this reason, the trip may be a bit more strenuous. Spills can and do occur; so be prepared to get wet. Dress for the weather on the day of your paddle. Bring rain gear and/or a jacket if rain is forecast. Other items you may want to bring include: gloves, waterproof bag for electronics, hat, sunscreen, and sunglasses.

There are port-a-johns where we launch and takeout. However, there are NO facilities of any kind along the paddle route. Bring enough food and water for your time on the water. No potable water is available along the route. We will take frequent water and snack breaks; but we will not stop for lunch. Pack your food and water in a small, soft-sided bag that will fit in the kayak. Secure cameras, binoculars, phone, and other expensive items in waterproof bags that you can tether to the kayak or wear around your neck (waterproof phone and key bags are available for loan at the launch site).

NOTE: We strongly recommend that persons with heart problems or other serious medical conditions consider very carefully whether they should make the trip. Remember, we will be in the wilderness. Medical help and transportation are a significant time and miles away. If you have a physical condition that would require treatment while you are on the water, be sure to bring necessary medications and equipment you normally use to treat the condition. If you are allergic to stings, be sure to bring whatever medication you use to counteract a reaction.

Please notify your Crew Leader if you have an existing medical condition that we should know about.

If you are allergic to stings, be sure to bring whatever medication you use to counteract a reaction.

What about bad weather? We will definitely cancel in case of thunderstorms or if the river is running too fast or the water level is too low or too high. We usually cannot make the decision to go or not to go until the morning of the paddle. Therefore, it is necessary to provide a telephone number where you can be reached the night before and early on the morning of your paddle. If we decide to cancel the paddle, we will notify all those who have reservations at or before 6:00 am on the day of the paddle.

If you feel ill on the day of your paddle, stay home! And, if you have to cancel for any reason, **PLEASE LET US KNOW AS SOON AS POSSIBLE!!** That will enable us to fill your seat with someone else.

We hope to sell FODR merchandise each day after the paddle. We have T-shirts (\$25), long-sleeve t-shirts (\$35), long sleeve solar vapor shirts (\$35), quarter-zip long-sleeve performance t-shirts (\$45), long-sleeve performance hoodies (\$45), hooded sweatshirts (\$40), caps (\$25), and bucket hats (\$15) for sale, with all proceeds benefiting FODR. We will also be selling limited edition prints of the Dragon by a local artist (\$60 / \$90 framed). We take cash, checks, or credit cards.

This information sheet and the attached Friends of Dragon Run Release Form should be given to everyone in your party. The release form must be filled out and signed (one

person for each form) by each participant. Bring it to the launch site on the day of your paddle.

The above information is intended to help you have a safe and happy trip and to enjoy the special wonders of Dragon Run. We look forward to escorting you on this exciting adventure.

GENERAL DIRECTIONS to the FODR Meeting Place:

We will be Launching from the FODR Big Island Complex. We will have you drive directly to the launch site. **The Launch site is at the end of a one mile dirt road.** **Please drive slowly especially if you have a low ground clearance vehicle!** Use the following GPS location: **558 Piedmont Road, Shackelfords, VA 23156** (Note: some GPS prefer Mascot instead of Shackelfords for the city) to get you onto the dirt road. There will be FODR signs and a FODR Crew member stationed at the transition between the paved and dirt road.

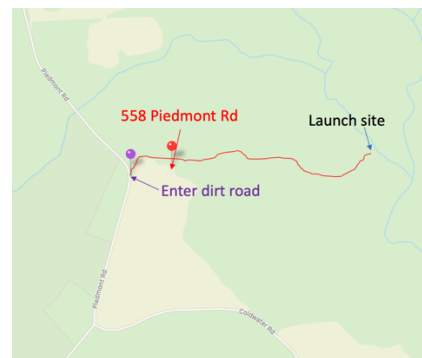
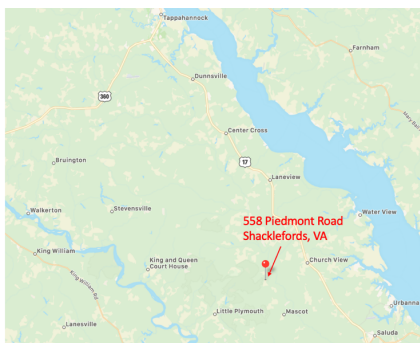
If you have problems with GPS, directions are as follows:

Heading North on Route 17: Approximately 6 miles north of the Rt 33 and Rt 198 intersection, turn left onto Farley Park Road (Rt. 603). Travel 4 miles and turn right onto Coldwater Road (Rt. 610). In 3.1 miles continue right onto Piedmont Road (the sign at this intersection says Dabney - this is still Rt. 610). In 0.4 mile, you will exit the paved road onto a dirt road. There is a yellow house off to the right and a sign for “Three C Kennel”. Continue straight past the sign on the dirt road that follows the wood line to the launch site.

Heading South on Route 17: Approximately 17 miles south of Tappahannock, turn right onto Brier Swamp Road (Rt 606). Travel 1.6 miles continuing onto Dragon Road. In 1.5 miles, turn right onto Wares Church Road (Rt 602). In 1.7 miles, make a sharp left turn onto Piedmont Road (Rt 610). In 1.1 mile, you will turn left onto a dirt road. There will be an FODR sign and a yellow house off to the left. Follow the dirt road along the wood line to the launch site.

Heading from West Point: Travel East on Rt 33 for about 4 miles, turn left onto The Trail (just after the Dragon Run Brewing Co). In 2 miles, turn right onto Elsom Mascot Road (Rt 610) (this becomes Coldwater Road at a stop sign – continue straight). In 8.6 miles continue right onto Piedmont Road (the sign at this intersection says Dabney - this is still Rt. 610). In 0.4 mile, you will exit the paved road onto a dirt road. There is a yellow house off to the right and a sign for “Three C Kennel”. Continue straight past the sign on the dirt road that follows the wood line to the launch site.

On the day of the paddle, if you get lost, please call our Paddle Masters: Jim Ewan (904-445-5774); Carol Kauffman (267-733-3667)



**FRIENDS OF DRAGON RUN, INC. 2023 FIELD TRIP RELEASE & WAIVER
OF LIABILITY & INDEMNITY AGREEMENT**

In consideration of participating in any way in the Friends of Dragon Run, Inc. (FODR) field trip, the undersigned, for himself or herself, his or her personal representatives, heirs, next of kin, agrees to the following: **HEREBY RELEASES, WAIVES, DISCHARGES, AND INDEMNIFIES** the Friends of Dragon Run, Inc. (FODR), all principals, agents, representatives, officers and directors and their respective successors, heirs, and personal representatives, saves them harmless from and against any and all claims, damages, liability, costs and expenses in connection with loss of life, personal injury, and/or loss or damage to property arising from or out of any occurrence associated with participating in, observing, entering or exiting this FODR field trip. **THE UNDERSIGNED** expressly acknowledges and agrees that the activities of this field trip are, by its nature, dangerous and involves the risk of serious injury and/or death and/or property loss or damage. The undersigned further expressly agrees that the foregoing release and waiver is intended to be as broad and inclusive as is permitted by the laws governing the towns, cities, and counties where the field trip is being conducted.

This release, waiver, and indemnification agreement specifically embraces each and every phase of the field trip sanctioned, authorized, offered and/or promoted by said releasees during the entire FODR field trip in which the undersigned participates so that the parties herein intended the same effect as if executed after each and every activity of the field trip in which the undersigned participates so that the parties herein intended release shall be fully and effectively released and indemnified as to the entire field trip herein described and that if any portion thereof is held invalid, it is agreed that the balance shall not be withstanding continue in full legal force and effect. **THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT**, assumes all risks in connection with the FODR field trip, agrees to abide by all of FODR’s rules and regulations in connection with the field trip, agrees that photos of me may be taken and that such photos may be used by FODR and further agrees that no oral representations, statements, or inducements apart from the foregoing written agreement have been made. (Only one person per form.)

PRINT FULL NAME: _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

PHONE NUMBER _____ **EMAIL** _____

EMERGENCY CONTACT _____ **PHONE** _____

SIGNATURE _____ **FIELD TRIP DATE** _____

We invite you to become a member of FODR. You can complete the application in our brochure (available after your trip) or on our website: www.dragonrun.org; pay online, or give us your dues today. Or you may also send a check to FODR, P.O. Box 882, Gloucester, VA 23061.